FEBRUARY 2023

LEARN FOR LIFE LANKA

WHO ARE WE?

Learn for Life Lanka is a small yet committed organization comprising Sri Lankan professionals of various backgrounds who are passionate about contributing to the development of Sri Lanka through uplifting the education system and specifically contributing to the teaching and learning process. The founders set up the organization because they strongly believe that to tackle the economic and social needs of Sri Lanka, students need to be taught social and emotional skills and provide them with exposure to the world of work to create a generation that has the mindset and skills for the 21st century.

OUR OUTREACH AT THE FOG ON POSITIVE COMMUNICATION

We conducted our second outreach programme at the Foundation of Goodness in Seenigama on the 11th of February for the same cohort of children we conducted our first session on growth mindset for on Positive Communication. During the programme we talked to them about what positive communication is, how to become a positive communicator, the importance of it and last but not least positive communication skills. The session was full of informative segments as well as activities where the children got the opportunity to identify real-life scenarios wherein they can use positive communication skills through activities.









Images courtesy of the Foundation of Goodness

L4LL GOT FEATURED!!

Furthermore, we got featured on their Goodnews radio, a web-based radio by FOG and Futura Tech Labs where we got a special segment to talk about our work.



You can stream the episode through the link below! Make sure you listen from 01:43:00 onwards to catch our feature.

https://youtu.be/ixBQUIyyFt0







LIFE SKILLS IN SCHOOLS- TEACHER TRAINING PROGRAMME

Following a needs assessment carried out in the months of November and December to determine the spectrum of difficulties encountered by teachers, students, and management staff as well as the relevance and efficacy of a life skills education intervention at Al Hijra Vidyala, Darrusalam School and Sir Razik Fareed Muslim Ladies School in Colombo, we in collaboration with the Serendib Schools Development Foundation conducted ''The Life Skills in Schools Intervention'' as a three-day trilingual teacher training on the 24th, 25th and 26th of February at Memon Reception Hall in Colombo. The training was facilitated by Sumaiya Iqbal, a Technical Specialist in Mental Health and Psychosocial Support (MHPSS) for Learn for Life Lanka.









The programme included lessons and activities on the following 6 life skills identified as priority according to the needs assessment.

- Effective Communication
- Resilience
- Respect for Diversity
- Empathy
- Critical Thinking
- Gratitude